



TELLING OUR
STORIES
HEEDING **MAY**²⁵
THE ManDATE 2016
10:00A.M.- 11:30A.M. PORTER, BUILDING 35, RM 640

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016



NICOLAS & BRANDON'S STORY

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016

WELCOME
Jim Anderson, Ph.D., M.D.
Director, Division of Program Coordination, Planning, and Strategic Initiatives

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016

FRAMING THE CONVERSATION
Preston D. Mitchum, J.D., LL.M.

Policy Analyst, Center for Health and Gender Equity (CHANGE)

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016

THE STATE OF BLACK GAY MEN'S HEALTH
Leo Moore, M.D., MSHPM

Clinical Scholar, Robert Wood Johnson Clinical Scholar Program

#TELLINGOURSTORIES #FEDPRIDE2016



The State of Black Gay Men's Health

OBJECTIVES

1

Provide an overview of the ManDate Health Model.

2

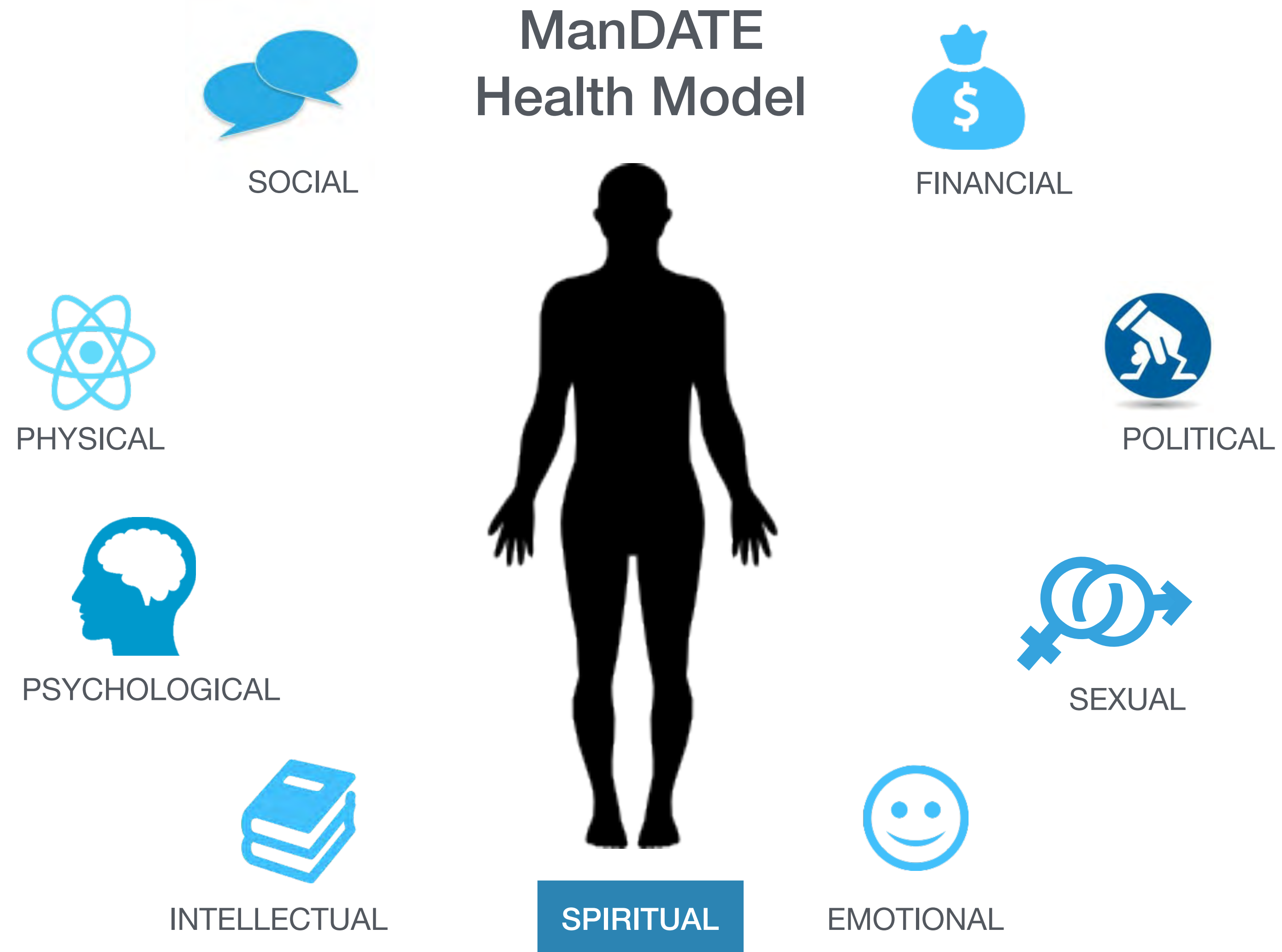
Define intersectionality and the ways in which being both Black **and** Gay may effect the disparities these men encounter.

3

Discuss the drivers of health disparity and how they impact the most common and critical health disparities affecting Black gay men.

4

Define resilience and the sources from which Black men continue to thrive in oppressive systems.



The State of Black Gay Men's Health

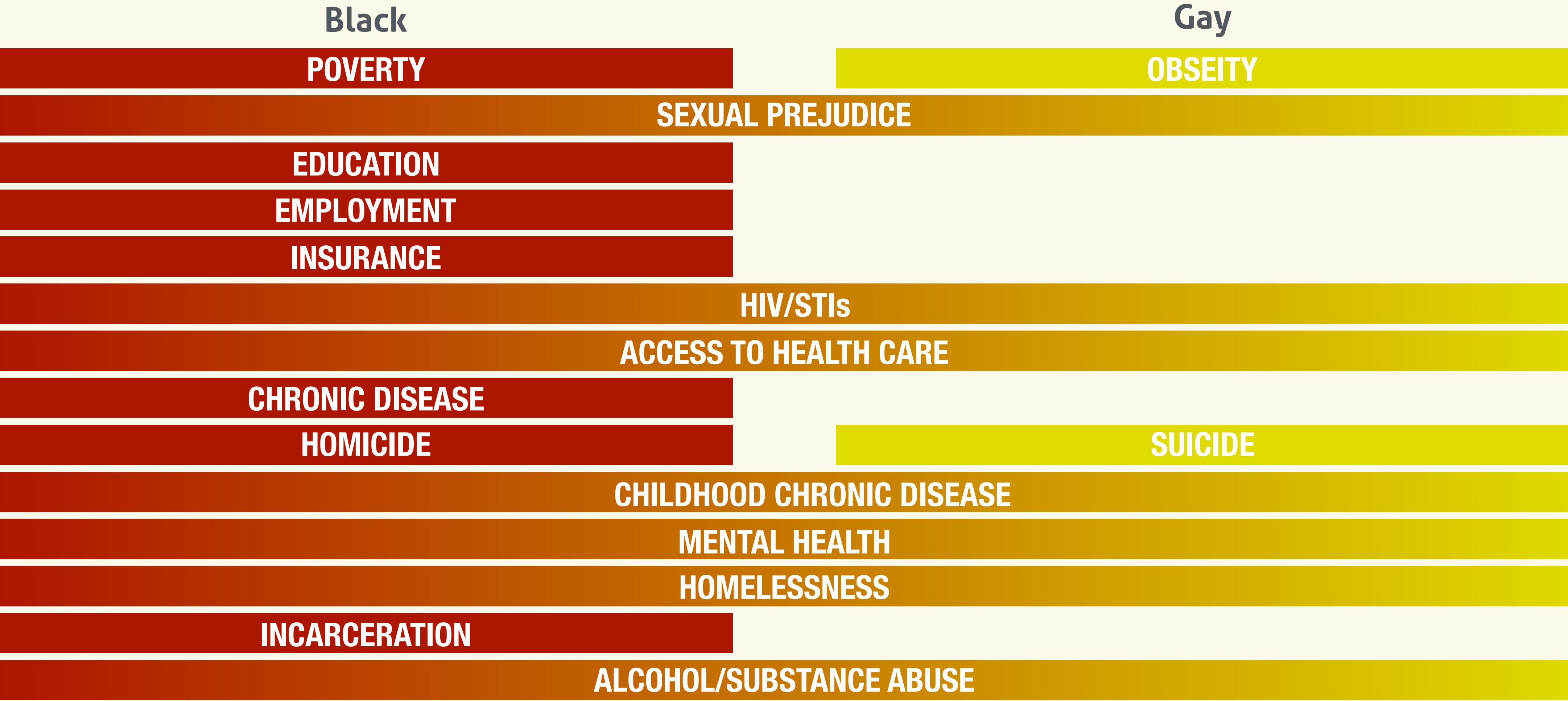
INTERSECTIONALITY



Kimberle' Crenshaw, 1989

The State of Black Gay Men's Health

INTERSECTING DISPARITIES



DRIVERS OF HEALTH DISPARITIES



LIFE EXPECTANCY

5 >

Black men have a life expectancy that is almost five years less than white men.

Promising Findings: Gap may be
NARROWING

Arias E. National Vital Statistics Reports, 2014.

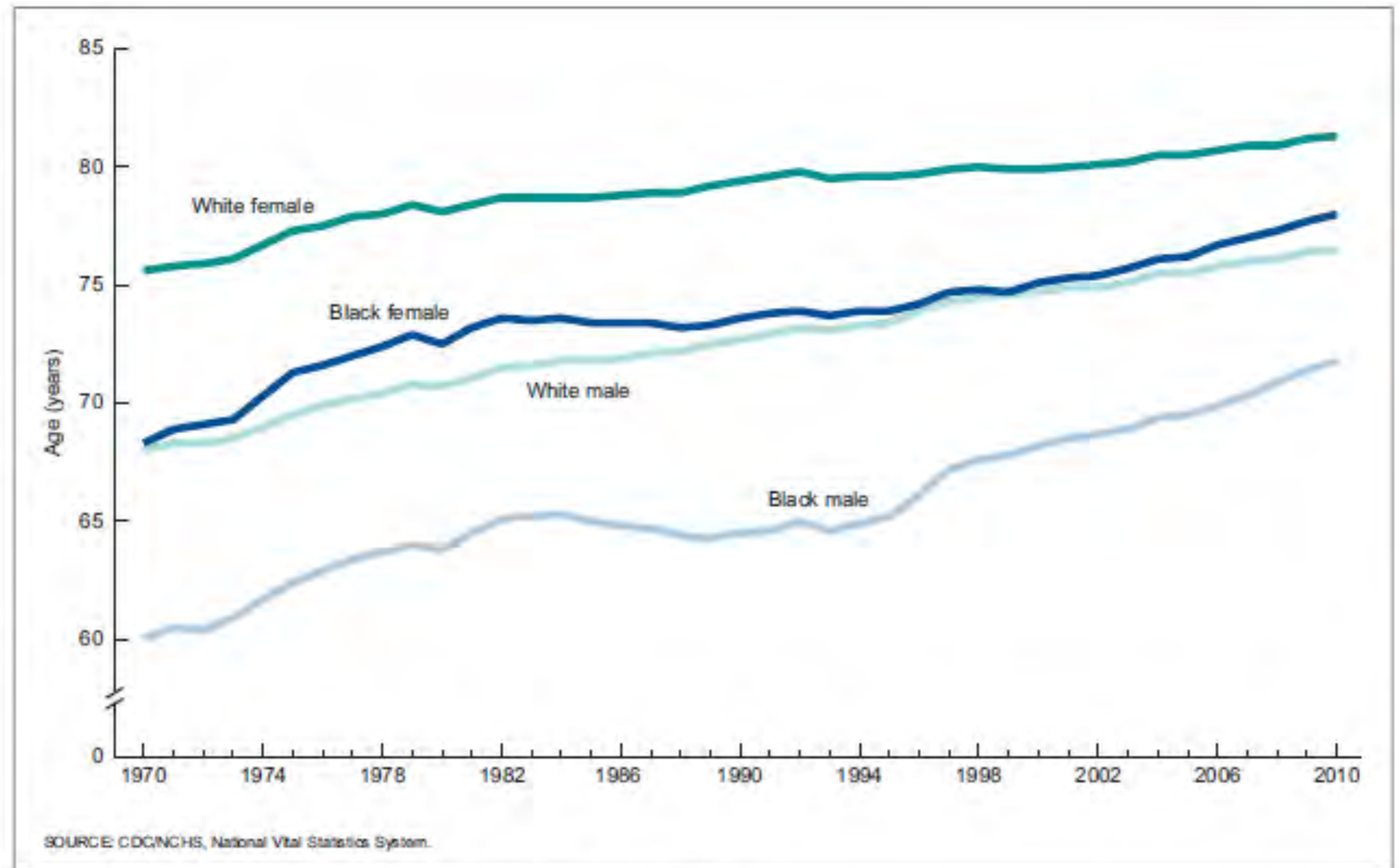


Figure 1. Life expectancy at birth by race and sex: 1970-2010

CLINICAL CARE EXPERIENCES

29% of Black men experience racial & sexual orientation stigma from healthcare providers

60% of Black MSM have not discussed their sexuality with their doctors (vs. 19% of white MSM)



BLACK GAY MEN'S MENTAL HEALTH

Effects of discrimination,
harassment & internalized homonegativity

Mental health stigma persists

Lack of access to mental health providers
due to socio-economic factors



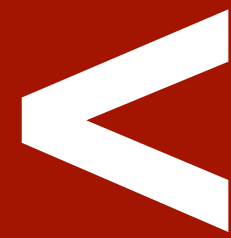
HOMOPHOBIA & ACTS OF VIOLENCE AGAINST BLACK GAY MEN

Hate crimes perpetuate stigma and internalized homonegativity in black gay men.



The State of Black Gay Men's Health

BLACK GAY MEN & HIV



likely to have condomless sex



fewer sex partner

likely to recently be tested and
test repeatedly

3X greater odds
to be **HIV +**



WHY THE DISPARITY IN HIV RATE?



**Broad Structural,
Social & Economic
Factors**



**Psychosocial
Factors**



**Social/Contextual
Factors**



**Behavioral
Factors**

Source: Millett, G. A. et al. (2012). of disparities and risks of HIV infection in black and other men who have sex with men in Canada, UK, and USA: a meta-analysis. The Lancet, 380(9839), 341-348.



RESILIENCE

Mind and Self

Racial Identity

Queer Spaces

Trust

Family

Religion



TELLING OUR
STORIES
HEEDING THE ManDATE **MAY**²⁵
2016

AN OVERVIEW OF THE ManDATE

**DARRYL! MOCH
TERRANCE PAYTON**

#TELLINGOURSTORIES #FEDPRIDE2016



OUR COMMUNITY | OUR DESIGN

MISSION

- ① Project Healthy Living (PHL) was developed as a working group of black gay/bisexual/same gender loving (SGL) men from the D.C. community to help address and combat unique challenges we face.
- ② Our goal is to improve sexual health outcomes and influence healthy choices for black gay men and their sexual networks through a series of interventions that aim for risk reduction and increased access to testing, care and treatment.

PROGRAM FOCUS



BUILDING COMMUNITY

ManDate aims to create a safe and supportive space for black gay/ bisexual/ same gender loving men to come together and discuss important and unique challenges.



PROMOTING HEALTH

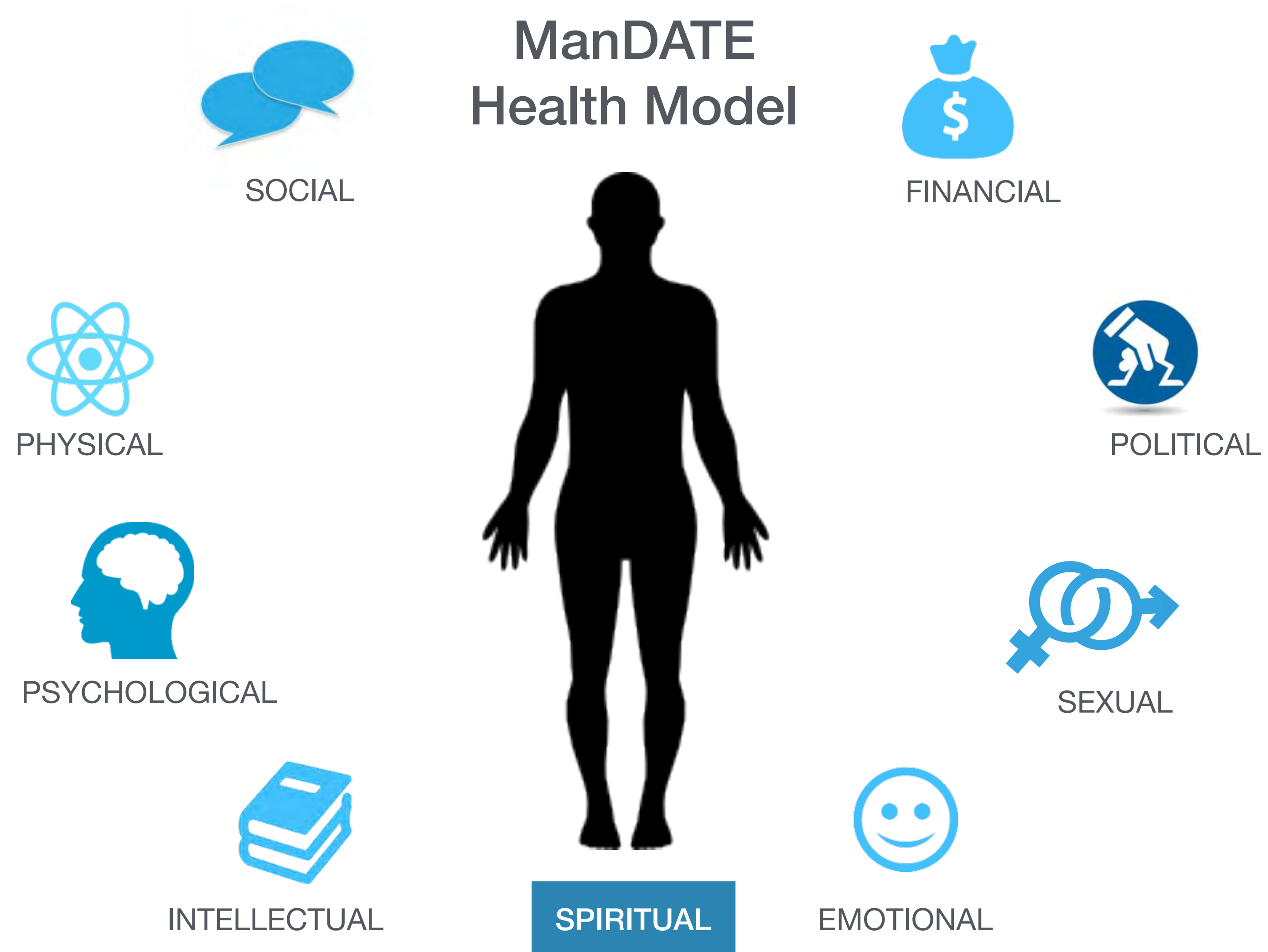
ManDate focuses on promoting holistic health knowledge, positive health habits & valuable information for its participants.



FOSTERING COMMUNICATION

ManDate provides a safe and supportive forum for black gay/ bisexual/ same gender loving men to discuss challenges and share best practices.

ManDATE Health Model



TELLING OUR STORIES



What did you enjoy most about ManDate?



A word cloud visualization of feedback from ManDate participants. The words are arranged in a circular pattern, with the most frequent responses being the largest. The words include:

- Openness
- Discussion
- Fellowship
- Conversation
- Diverse Perspectives
- Dialogue
- Safe space
- Questions and Answers
- Everything
- Community
- Topics
- Information Sharing
- Technology
- Food and Dialogue
- Doctor Session
- Atmosphere
- Honesty
- Meeting New People
- Candid Responses
- Presentations
- Guest Speakers
- Food and Fellowship
- Organization

Why Target Black Gay Men?

LACK of PROGRAMS

There are few evidence-based interventions (EBIs) developed by or for black gay men that address both STD and HIV risk and related health-promotion behaviors.

SOCIAL RISK FACTORS

Many struggle with a perceived negative self-image, discrimination, homophobia, isolation, lack of support systems, and consequently develop varying levels of stress and distress.

BEHAVIORAL RISK FACTORS

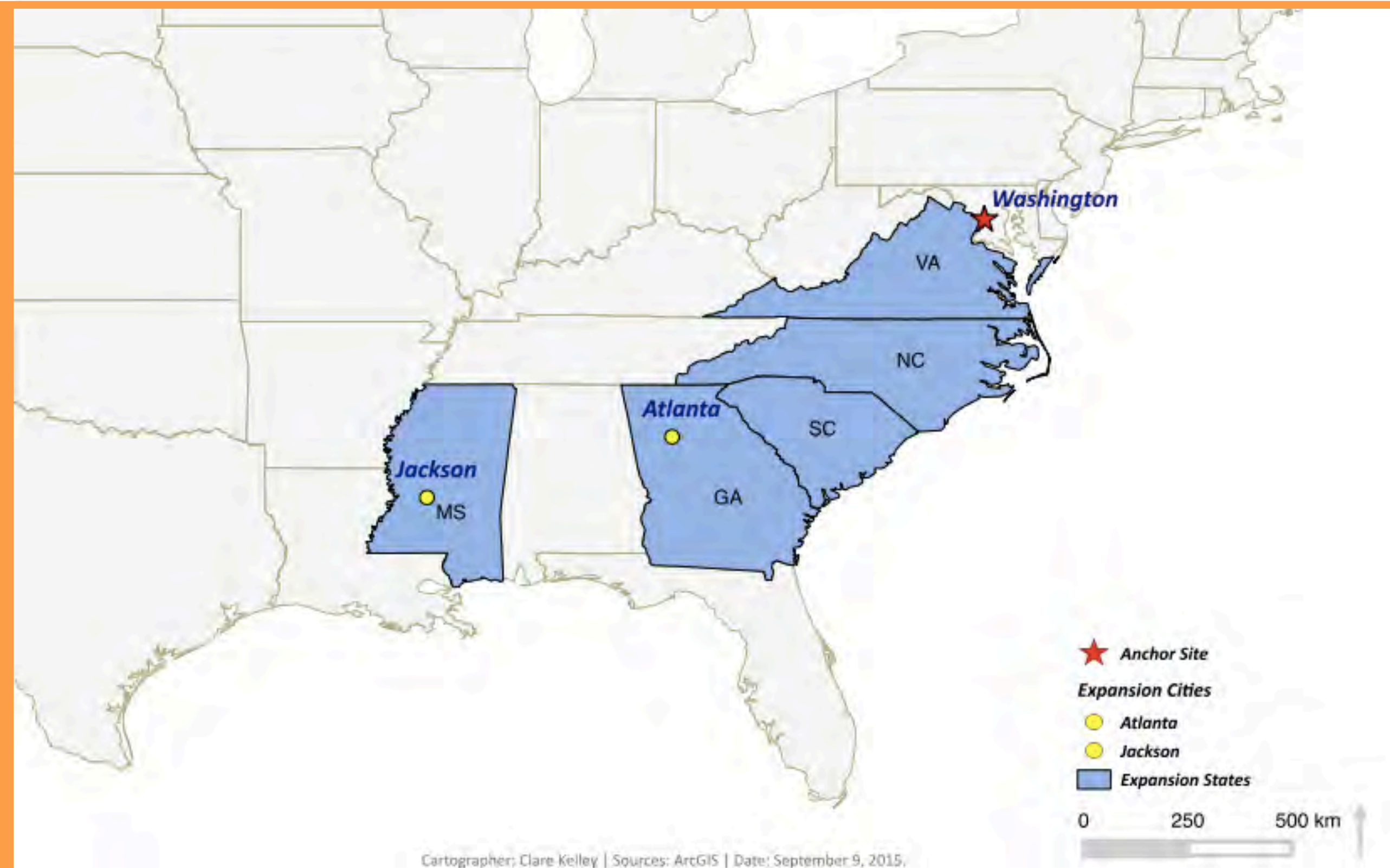
Evidence points to unique social and physical barriers that prevent black gay men from engaging in healthy behaviors and general wellbeing.

HIV and OTHER STIs

Black gay men account for a significant number of existing and new HIV infections and other STIs and is the demographic group most disproportionately affected by the virus.

EXPANSION

ManDate is currently laying the groundwork to expand to other jurisdictions, with an anchor site located in Washington, D.C., Maryland, Virginia, North Carolina, South Carolina, Atlanta, Georgia and Jackson, Mississippi.



Benefits Of Implementation



BENEFITS TO PUBLIC HEALTH

Black gay men who participate in ManDate and eventually take steps to reduce their personal risk behaviors will hopefully translate into better overall health outcomes and reduced HIV and STD incidence and prevalence among members of the population at large.



BENEFITS TO THE COMMUNITY

Implementation of ManDate can help to raise awareness about the importance of STD and HIV prevention, testing, and treatment among black gay men beyond those who participate in the intervention (i.e. partners and friends).



BENEFITS TO YOUR AGENCY

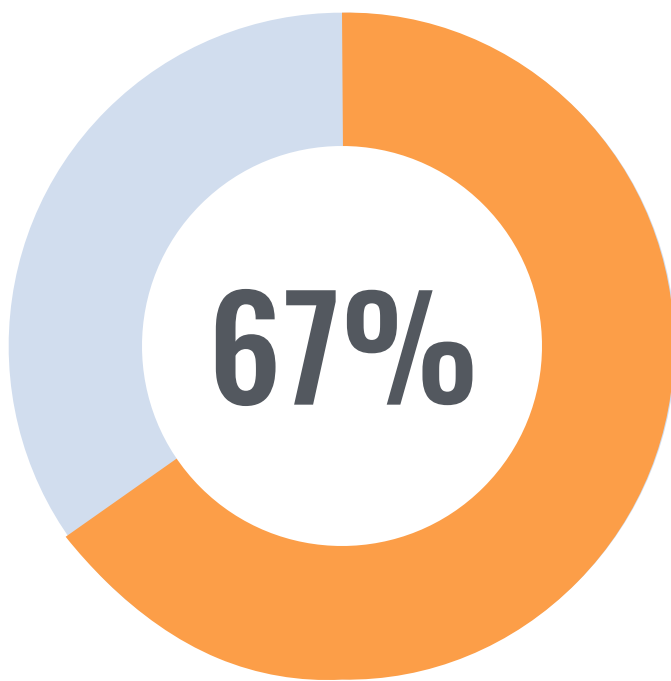
Successful implementation of ManDate provides your agency with multiple opportunities to build positive relationships with black gay/bisexual/same gender loving men, increase support for your agency among their communities, and opens the door for additional prevention activities with that population.



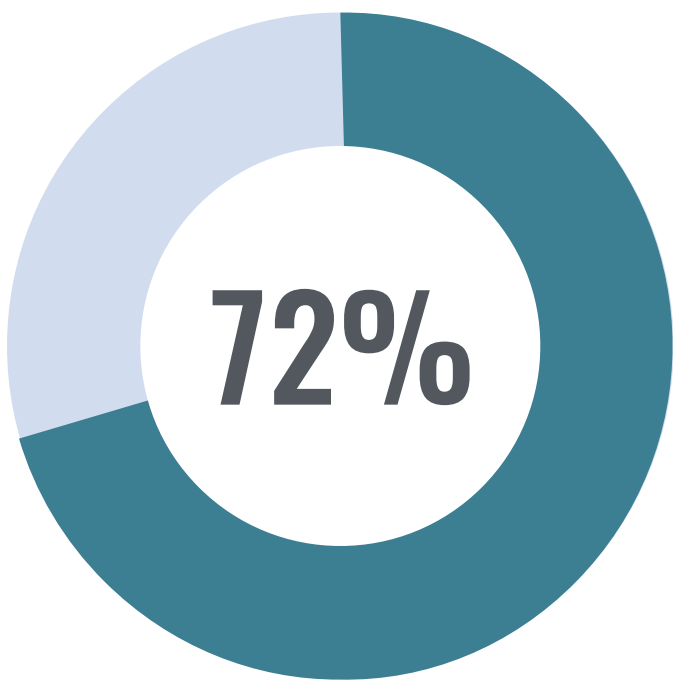
BENEFITS TO PARTICIPANT

Black gay men who participate in ManDate may assume a more active role in reducing their personal risk for HIV and STDs and engaging in health promotion behaviors. ManDate creates an environment in which participants can form supportive relationships with other black gay men who are also working to change their HIV and STD risk behaviors, and work together to maintain changes over time.

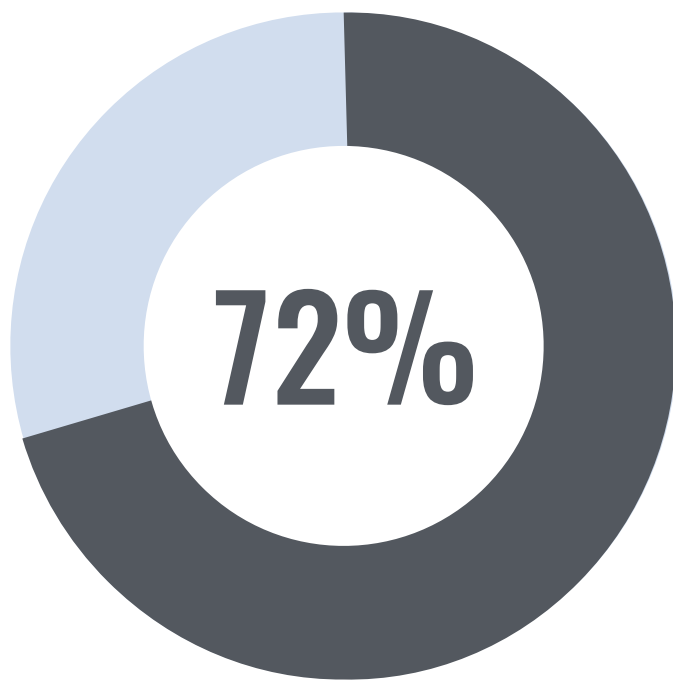
2014 Participant Data on Benefits of Implementation



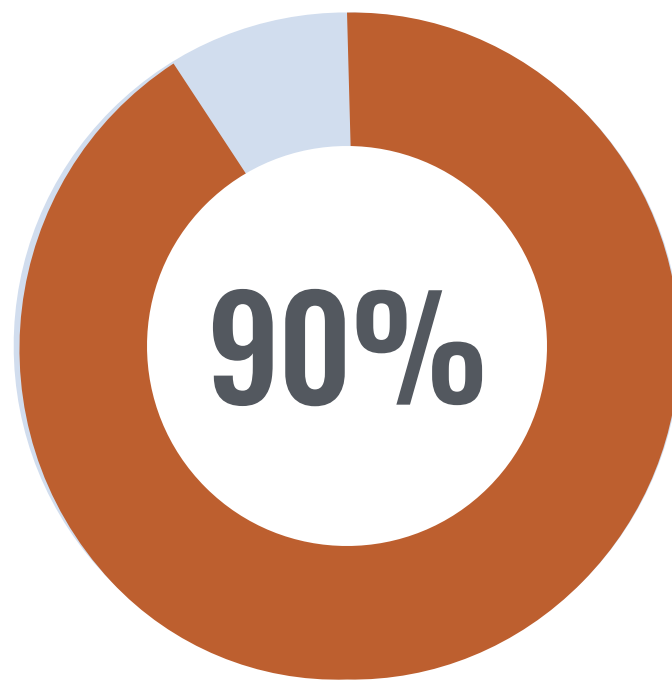
Percentage of participants who reported increased access to accurate & current health information, especially HIV as a result of attending ManDate.



Percentage of participants who reported development of realistic strategies to bring awareness of health issues affecting black gay men as a result of attending ManDate.



Percentage of participants who reported thinking more carefully about sexual choices & paying more attention to their overall health and wellbeing as a result of attending ManDate.



Percentage of participants who reported feeling an increased sense of community among black gay/bisexual/same gender loving men.

www.themandate-dc.com

HIGHLIGHTS OF *THE MAMDATE* DATA

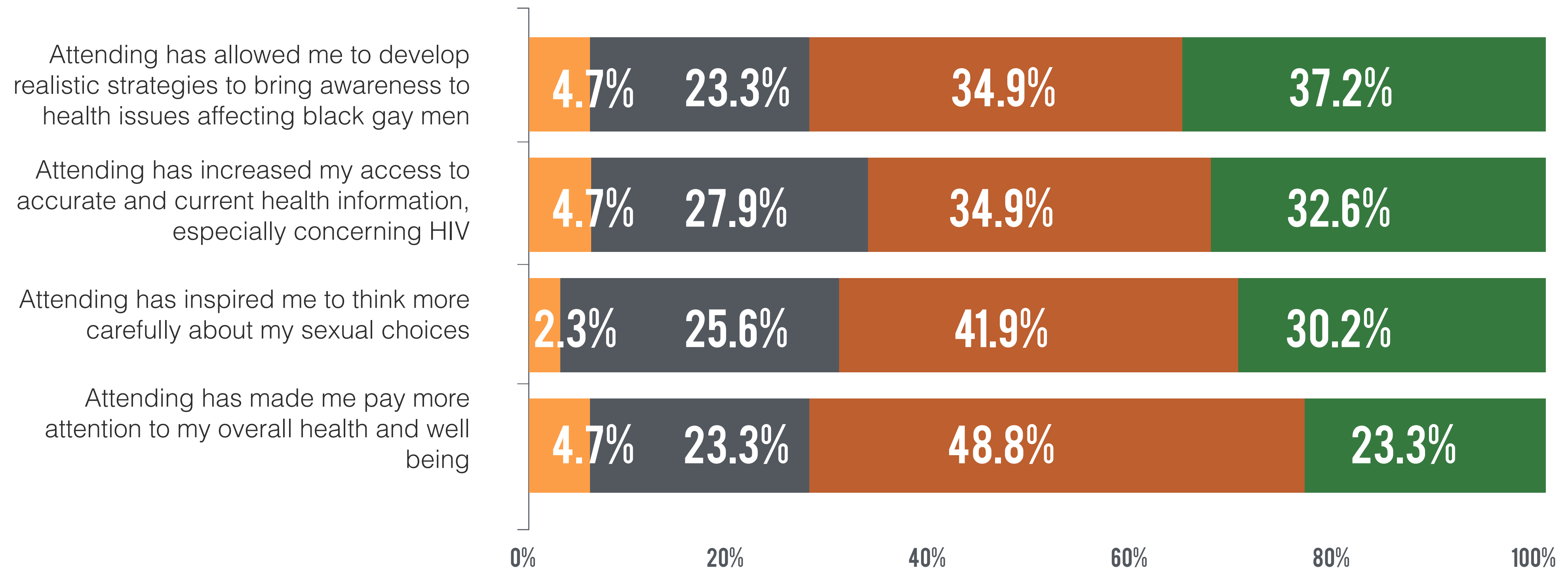
TIMELINE



DATA COLLECTION TOOLS

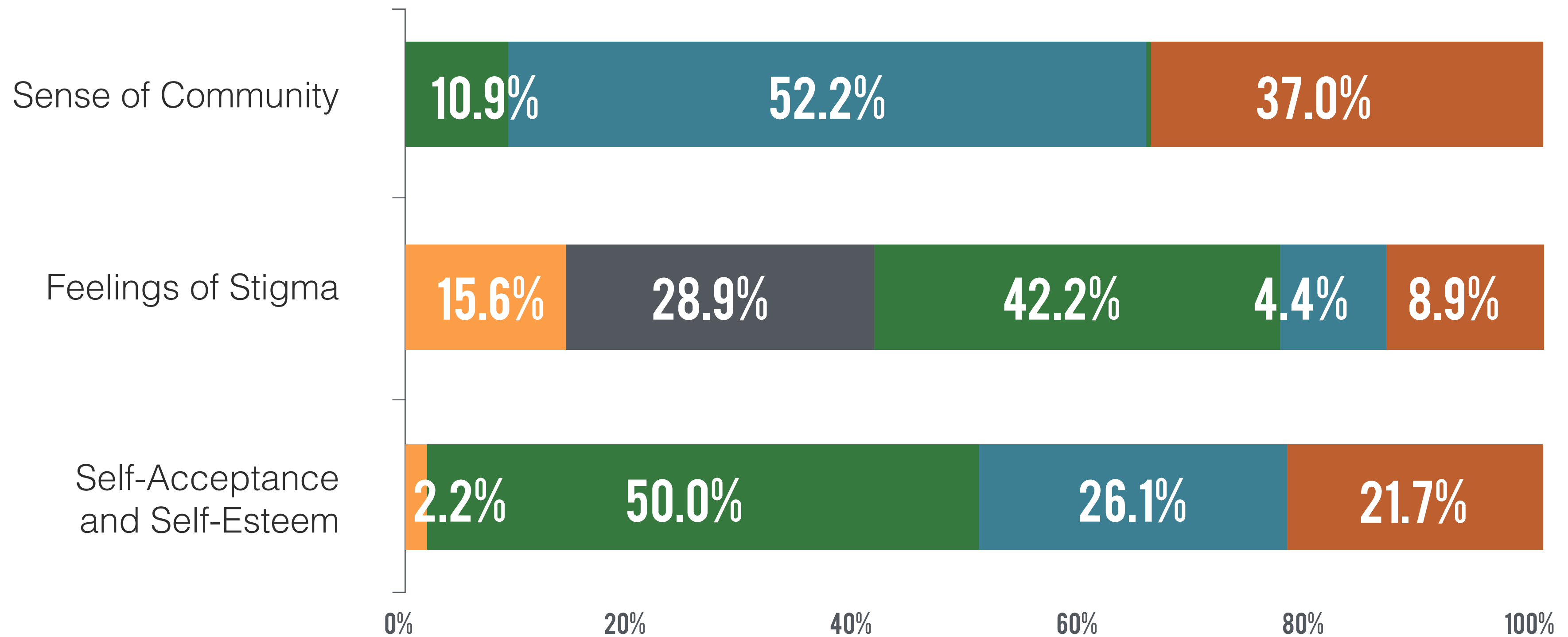


To what extent did the participants agree with the following statements?



Strongly Disagree Somewhat Disagree Neither Agree or Disagree Somewhat Agree Strongly Agree

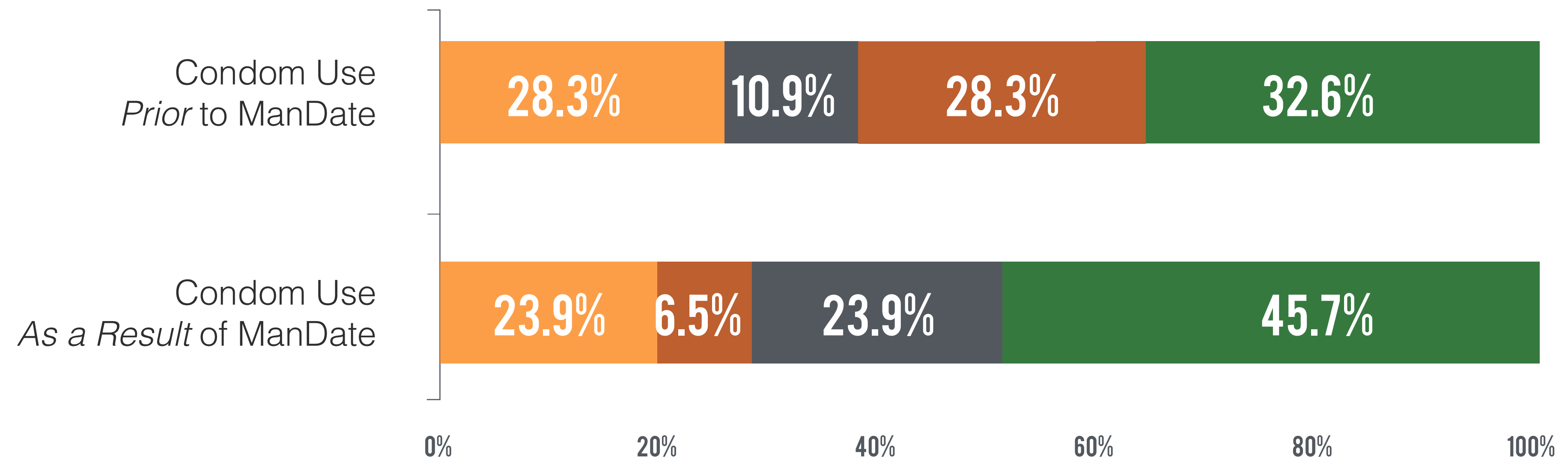
As a result of your participation in the ManDate sessions, have the following increased, decreased or stayed the same?



Has decreased substantially Has increased slightly Has decreased slightly Has increased substantially Has stayed the same

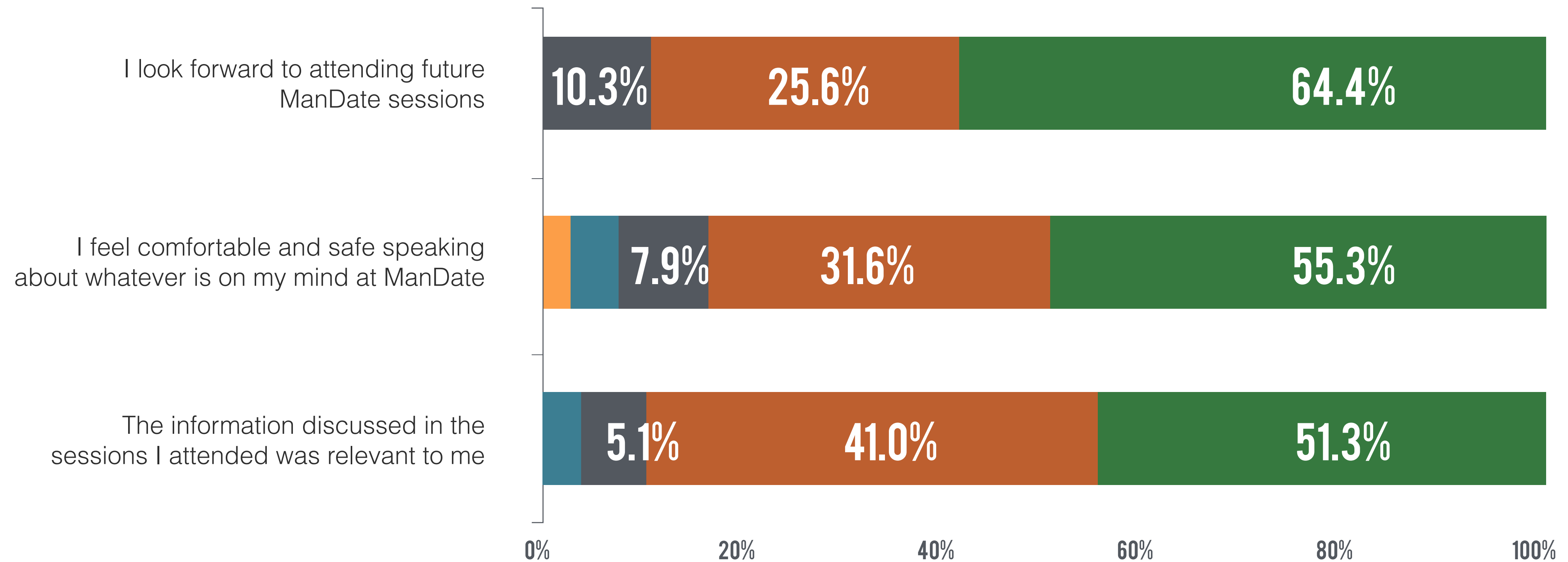
THE ManDATE

Condom Use : Before vs. After Attending ManDate



■ Never (0% of the time) ■ Most of the time (over 50% of the time) ■ Sometimes (under 50% of the time) ■ Always (100% of the time)

To what extent did participants agree with the following statements?



Strongly Disagree Somewhat Disagree Neither Agree or Disagree Somewhat Agree Strongly Agree

TELLING OUR
STORIES





TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016

IN HIS OWN WORDS
JOSEPH REAVES

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR
STORIES
HEEDING
THE ManDATE **MAY**²⁵
2016

QUESTIONS AND ANSWERS

#TELLINGOURSTORIES #FEDPRIDE2016



TELLING OUR STORIES

UPCOMING EVENTS

**Catalyzing Efforts to Collect Sexual & Gender
Minority Health Research & Workforce Data**

08 June 2016 | Natcher, Balcony A | 1:00PM – 3:00PM

**Fostering an Inviting Workplace for Transgender
& Gender Nonconforming Employees**

14 June 2016 | Building 31, C-Wing Room 7
1:00PM – 2:30PM

register at: edi.nih.gov/training/upcoming-training

**Health Care & Research for the
Transgender Community**

30 June 2016 | Masur Auditorium, Building 10
10:00AM – 11:30AM

edi.nih.gov/pride

#TELLINGOURSTORIES #FEDPRIDE2016